
Essential Question: Does a title solidify the ability to lead?

Materials:

YouTube Video: [Tyler Coston - Growing Leaders in Your Program](#)

Worksheets: [Fearless Followership Worksheet](#), [Leadership Ranking Worksheet](#), [Captain Selection Process](#)

Warm-Up Activity:

Students will answer the following questions with their shoulder partner and then share responses to the group:

1. What is the process in selecting captains on your teams?
 2. Do you think teams are better with or without selecting captains?
 3. Do you think selecting captains can peak leadership abilities?
 4. What advice would you give me in selecting captains?
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Class Discussion:

[Tyler Coston - Growing Leaders in Your Program](#)

Before the video

Students should write down the following in their notes (skip 3-4 lines):

1. "A player-coached team is better than a coach-coached team"
 2. "That which you allow, you encourage"
 3. "7 seconds or less"
 4. "10/80/10 process"
 5. "3 things leaders do best"
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During the video

Have students identify when the 5 major points (above) are being discussed in the video. Take notes for each point.

After the video

Collaborate notes with their shoulder partners about each of the 5 major points.

Class Activity:

The teacher will put students into groups of 3 and distribute the following informational materials:

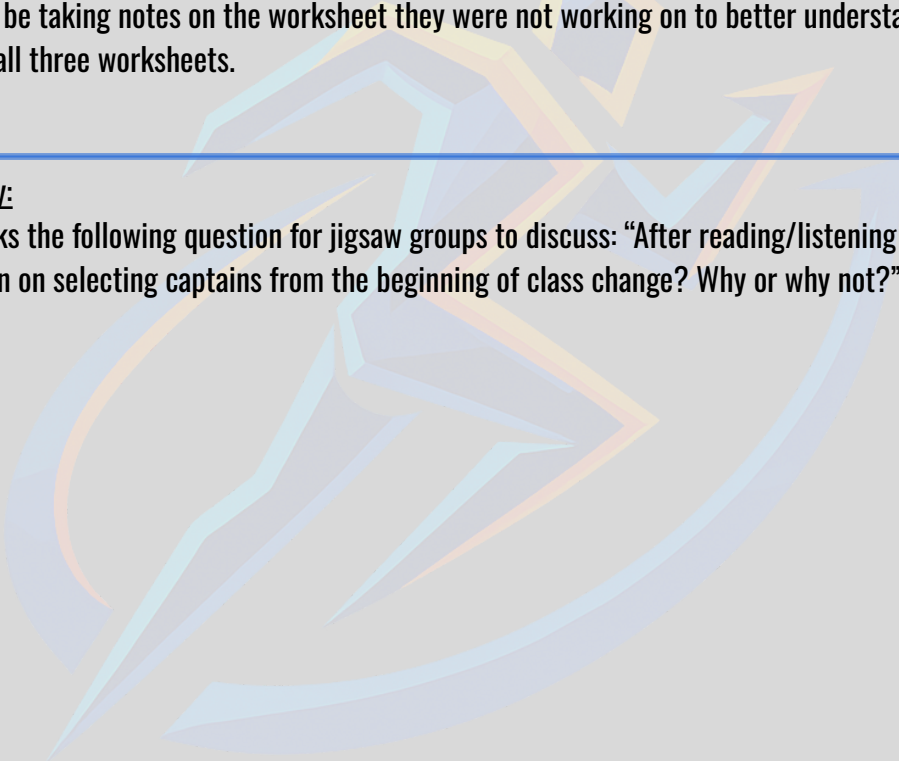
1. [Fearless Followership Worksheet](#)
2. [Leadership Ranking Worksheet](#)
3. [Captain Selection Process](#)

Each student in the group will work on one of the three worksheets. The teacher will have each student take notes on the worksheet given, answer the prompts and reflection questions.

Then the students will get back with their groups to teach the worksheets that they were given. Each student should be taking notes on the worksheet they were not working on to better understand the importance of all three worksheets.

Closing Activity:

The teacher asks the following question for jigsaw groups to discuss: “After reading/listening to your topic, did your opinion on selecting captains from the beginning of class change? Why or why not?”



ATHLEADERS